



# Recycling Guide for Households in Östersund



## Hazardous waste

Examples of hazardous waste are paints, engine oil, solvents, chemicals, batteries, fluorescent tubes, light bulbs, energy-saving lights, electronics (anything with an electric cord or battery) and cosmetics.

If you live in an apartment then you might find a special red bin for hazardous waste in your building's shared recycling and waste bin area. Many supermarkets provide recycling bins and containers for hazardous waste.



## Food waste

Examples of food waste are leftovers, coffee grounds, teabags, eggshells, kitchen paper, napkins, flowers and flower debris.

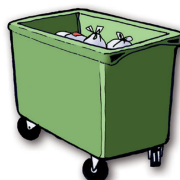
Food waste must not be disposed of in plastic carrier bags. Food waste should be put in biodegradable bags. Recycling bins and bags are available from the reception at the Town Hall (Rådhuset) or from Odenskog, Lit and Brunflo Recycling Centres. Some landlords provide their tenants with recycling bins/baskets and bags.



## Residual waste for incineration

Waste for burning in incinerators includes plastics, paper, textiles, wood, rubber, leather and other materials that are not harmful to the environment as well as packaging. Examples of such waste are dish brushes, strings, pens, toys, nappies, sanitary pads, cotton, earbuds, cigarettes and snuff (moist powder tobacco for oral use). Adhesive packaging may also be included.

Waste for burning should be bundled and sealed - tie up your rubbish bags!



## Plastic packaging

Examples of plastic packaging are plastic bags, carrier bags, clingfilm, plastic cans, plastic bottles, polystyrene and disposable mugs and plates of plastic - with or without prints or patterns. Large pieces of polystyrene from, for example, the packaging of your new TV, can also be sorted as plastic packaging waste.



## Paper packaging

Examples of paper packaging include pasta boxes, flour bags, milk and juice cartons, paper bags, wrapping paper, small-sized cardboard boxes and disposable mugs and plates of paper. Larger cardboard boxes can also be sorted as paper packaging.



## Metal packaging

Examples of metal packaging include food tins, tubes, empty spray cans, bottle caps, aluminium foil and moulds and emptied paint tins.



## Glass packaging

Only bottles and jars of glass. Sort your glass waste as transparent glass and coloured glass. Drinking glasses, mirrors, porcelain and similar items should not be sorted as glass packaging - these are 'residual landfill waste'. Despite light bulbs and energy-saving lights being made of glass, they are still considered to be 'hazardous waste'.



## Newspapers and writing materials

Examples of newspapers and other writing materials are daily and weekly newspapers, magazines, flyers and advertisement, catalogues, brochures, writing and drawing paper.

Sort newspapers and writing materials according to what they are. Wipe off any items that might be a bit sticky or smelly and take to your local recycling collection point. If you live in an apartment building then you might find a special container for newspapers and writing materials in the shared recycling and waste bin area. All packaging and newspapers should be placed loose (not bagged or bundled) in the container.



**Take all packaging and newspaper waste to your local recycling collection point.**

